

At Sacred Heart Parish School, we believe in educating the whole child. Students develop in heart, mind, body and spirit. We are a small, Catholic, neighborhood school. We recognize each and every student as a child of God with unique talents and gifts. At Sacred Heart, all children have the chance to fulfill their academic and social potential while developing a relationship with a loving God. Our Catholic faith and values are reflected in every aspect of our school, from the lesson plans to the physical structure. When students enter school each morning, they are greeted by the words, "Jesus, meek and humble of heart, make our heart like yours." These are more than just reminders; they are the basis of everything we teach.



COUNSELING

The school counselor assists students and their families and consults with teachers on possible intervention strategies.

PARENT TEACHER GUILD

The Parent Teacher Guild at Sacred Heart encourages parents to make a contribution to their children's education. Whether they assist in classrooms, lend a hand with fundraising or offer a special skill, parents enrich every aspect of education at Sacred Heart.

AFFORDABLE TUITION

The Sacred Heart Parish School Foundation has provided the school with funding for books, technology and keeping tuition levels affordable since 1983. Our tuition assistance program is in place to help families send their children to Sacred Heart.



Contact our office today to find out more about how Sacred Heart School can help your child develop in mind, body and spirit!



SACRED HEART
Parish School

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JESU, MITIS ET HUMILIS CORDE:
FAC COR NOSTRUM SECUNDUM COR TUUM.

Jesus meek and humble of heart, make our hearts like yours.



SACRED HEART
Parish School

SACRED HEART



SACRED

ACADEMICS

Sacred Heart provides quality Catholic education to Kindergarten through eighth-grade students in a welcoming environment. The school is part of the Diocese of Sacramento and has been a fixture in the East Sacramento neighborhood for decades. We are fully accredited by the Western Catholic Educational Association (WCEA) and the Western Association of Schools and Colleges (WASC).



The curriculum at Sacred Heart is held to rigorous diocesan standards, which means it meets or exceeds the requirements of all California schools. Our curriculum includes religion, reading and literature, science, history, physical education and math. Because we believe it is important to develop a well-rounded student body, our curriculum is complemented by

enrichment courses in music, art, foreign language and computer technology. Every lesson at our school is built on the foundation of Gospel values.

Students leave Sacred Heart fully prepared for the rigors of high school. In fact, the majority of our graduates earn academic honors during their first semester at local Catholic high schools. Many Sacred Heart graduates have gone on to become leaders in their fields and in their communities.

FAITH

The Catholic faith and tradition are at the core of a Sacred Heart School education. These values are integrated throughout the curriculum at Sacred Heart.

Students discover God's presence in their lives and develop a deep sense of their Catholic faith.

Prayer is a part of every school day, and students attend Mass as a class or as a student body,



deepening their faith as a community. Daily religion classes teach students about their Catholic faith and tradition.

Our school enjoys a strong connection with Sacred Heart Parish. The school calendar incorporates the Liturgical Calendar of the Church, and every class assists with at least one school Mass and one Family Mass during the year. Sacred Heart students also prepare for and receive the sacraments of Reconciliation, First Eucharist and Confirmation alongside their classmates.

EXTRA-CURRICULAR

At Sacred Heart, we offer a wide range of extra-curricular activities. These activities foster qualities like confidence, self-expression and teamwork that will help students succeed in all areas of life. Sacred Heart is proud to have earned a winning record in many competitive sports, as well as Academic Decathlon competitions. Extra-curricular activities include the following:

Student Council	Off-Campus Activities
Athletics	Drama and Speech
Academic Decathlon	Choir



COMMUNITY

The environment at Sacred Heart is warm and inclusive. Students are taught to care for and respect their fellow classmates. Each year, we assign sixth-graders to Kindergarten "buddies," whom they support and encourage throughout the year. Likewise, seventh-graders are paired with first-graders, and so on. The buddy system builds a sense of community, acceptance and empathy across grades.

All students are encouraged to reach out to members of the community, particularly those in need. As Jesus told his disciples, "Whatever you did for one of these least brothers of mine, you did for me." (Matthew 25:40) Over the years, students have reached out to their neighbors in a variety

ways, from knitting caps for premature infants to stocking the community food bank for the winter.

Family-oriented events are held throughout the year to allow families opportunities to have fun and get to know each other. From old fashioned neighborhood festivals to golf tournaments, there is truly something for everyone. Fun family events at Sacred Heart include the following:

Holiday Home Tour	Fall Festival
Spring Event	Family Masses
Golf Tournament	

OUR SCHOOL CAMPUS

The school was founded in 1934 and completely staffed by the Sisters of Mercy as a cordoned-off section of the temporary Sacred Heart Church. It quickly outgrew that space and moved into a stand-alone building in 1939, where it remained for seven decades. In 2009, construction began on a new, state-of-the-art school campus.

The new campus was built with a classic brick and stucco façade, blending nicely with the neighborhood. Children learn, move and play in

spacious, naturally-lit classrooms. The grassy field is perfect for outdoor recreation, and the fully-equipped indoor gymnasium includes a full-sized basketball court. Other features include a top-of-the-line technology center and science lab, as well as streamlined parking and pick-up for safe and easy access.



EXTENDED CARE

Sacred Heart's extension program provides care for children before and after school hours. Parents feel secure while their children continue to learn and build friendships in a safe environment.

